



ESGENA Website: <https://esgena.org/>  
Conference website: <https://ueg.eu/week>



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## Word of Welcome

ESGENA invites colleagues from Europe and around the world to the 27<sup>th</sup> ESGENA Program during the 31<sup>th</sup> UEG Week. The UEG Week and the ESGENA nurses programme will be offered as a hybrid meeting which will give you the choice of being there on-site or participating virtually.

The ESGENA program will take place on Saturday and Sunday, October 14-15, 2023. The registration as Allied Health Professionals (AHP) enable nurses to participate in the entire UEG Week, including the ESGENA nurse programme. The combination of the ESGENA Nurse Program and the UEG Week program offers an exceptional educational experience with state-of-the-art lectures, free paper sessions, roundtable discussions, live endoscopy, electronic posters and symposiums.

Experience the community and team spirit of gastroenterology and endoscopy nurses. Meet experts, exchange ideas and network with colleagues in other countries.

We hope to meet you onsite in Copenhagen or join us virtually wherever you are located.

**Wendy Jo Carmel**  
ESGENA President

# ESGENA “Warm-ups towards the UEG Week



The “**ESGENA warm-ups**” are four webinars as a countdown towards UEG Week 2023.

All ESGENA warm-ups are a **free of charge**. After registration you will receive a Zoom link. You will be able to meet medical and nurse experts, microbiologists and experts from the industry. A varied programme will update you on endoscopic techniques, and current topics around hygiene and infection control. Let’s count down together, towards the next big European conference.

All recorded ESGENA warm-ups are available on demand:  
<https://esgena.org/educational-activities/esgena-webinars/>

Let’s count down together, towards the next big European conference.

**September 26, 2023**  
**18:00-19:30 h**  
**Hygiene & Infection Control – Part 1**

**September 28, 2023**  
**18:00-19:30 h**  
**Endoscopic techniques – Part 1**

**October 10, 2023**  
**18:00-19:30 h**  
**Hygiene & Infection Control – Part 2**

**October 12, 2023**  
**18:00-19:30 h**  
**Endoscopic techniques –Part 2**

Programm and registration links will be included soon

# Structure of the UEG Week & ESGENA Conference 2023

Sept.27 – Oct 10, 2023		Saturday October 14, 2023	Sunday October 15, 2023	Monday October 16, 2023	Tuesday October 17, 2023
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**ESGENA  
warm up  
September 26**

**ESGENA Conference**

**ESGENA  
warm up  
September 28**

**Hands-on**

**ESGENA  
warm up  
October 5**

**UEG Post graduate Course**

**ESGENA  
warm up  
October 10**

**UEG Week Programme**

**Live  
Endoscopy**

**Poster Sessions**

**Industry Symposia**



## ESGENA Nurses Programme onsite in Copenhagen

**Saturday, October 14, 2023**

	Room	Room	Endoscopy Learning Area	
09:00-10:30	Session 1 : <b>ESGENA Opening Session</b>			UEG Post Graduate Course
	<b>Coffee Break</b>			
11:00-12:30	Session 2: <b>New trends and Development on Hygiene and Infection control</b>	Session 3: <b>New trends and Development on Endoscopic Techniques</b>		UEG Post Graduate Course
12:30-13:30	<b>Hands-on Training based on session 2 &amp; 3</b> Lunch break			
13:30-15:00	Session 4: <b>Free Papers</b>	Session 5: <b>Liver Nurses</b>	<b>Hands-on Training on Bio-Simulators</b> 13:00-15:00	UEG Post Graduate Course
	<b>Coffee Break</b>			
15:30-17:00	Session 6: <b>Free Paper</b>	Session 7: <b>IBD – Nurses</b>		UEG Post Graduate Course
			<b>Hands-on Training on Bio-Simulators</b> 16:00-17:30	
17:30-19:00		<b>Industry Symposium</b> Topic: IBD		

## Sunday – October 15, 2023 - Option

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	Room	Room	Endoscopy Learning Area	
08:00-09:30	ESGENA General Assembly			UEG Post Graduate Course
	Coffee Break			
10:00-11:30	Session 8 Green Endoscopy	Session 9: Nutrition	Hands-on Training on Bio-Simulators 10:30-12:00	UEG Post Graduate Course
11:30-12:00	Coffee Break			
12:00-13:00	Session 10 Hygiene	Session 11 Sedation & Patient Safety		
	Coffee Break			
13:30-15:00	Session 12 My worst case and what I learnt from it	Session 13 Education	Hands-on Training on Bio-Simulators 13:30-15:00	UEG Week Opening 13:30-15:00
	Coffee Break			
15:30-16:30	UEG Week Session	UEG Week Session		UEG Week Session
			Hands-on Training on Bio-Simulators 16:00-17:30	
17:00-18:00	UEG Week Session	UEG Week Session		UEG Week Session

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# Topics of the ESGENA conference

## – share your experience & Meet experts

### Opening Session

- Burn out – a personal journey to recovery and work
- Flattening hierarchies in Endoscopy - Human factors in Endoscopy\_ ENTS Endoscopy non-technical skills
- What every woman needs to know about her GUT

### Education & Management

- Mandating endoscopy training and education for the workforce – JETS Workforce
- Endoscopy nurses qualifications/learning in different countries (survey)
- How can we organize 24 hours duty service in Emergency Endoscopy, what are the challenges and advantages

### My worst case and what I learnt from it

- Variceal Bleeding – could be a nightmare
- Necrosectomy – watch out what you “snare”
- PEG- Placement in the small intestine – not a way to go
- ERCP – catch the stone

### Nutrition

- FODMAP diet (irritable bowel syndrome) DOMINO fodmap app
- Short bowel syndrome. Nutritional aspects and small bowel transplantation.
- Hybrid – PEG improves patient safety and reduce risk of complication
- Nutritional care of IBD – patients

### Green Endoscopy

- Leaf Green Survey – The views of the continent
- Does the Ocean matters?
- How to implement Green endoscopy in daily routine?
- Waste management – “police” in endoscopy

## **Hygiene & Infection Control**

- Microbiological surveillance
- Drying & Storage – different options
- How to evaluate the effectiveness of manual cleaning
- Simethicone – to use or not to use – that is the question (Round Discussion)

## **Sedation**

- New European guideline Different sedation regimes- advantages and disadvantages
- Which basic training and which refreshers?
- Do checklists work in Endoscopy

## **IBD in Endoscopy**

- Surveillance, diagnosis and treatment of IBD
- Special aspects of IBD patients in Endoscopy
- Dedicated lists for IBD patients
- Pregnancy & Vaccination
- Transition from Paediatric to adult clinics

## **Liver Care**

- Fibro scan reducing the need of endoscopic surveillance
- Endoscopic Treatment of varices
- Sedation of liver patient
- Development and Implementation of a family focused liver clinic



# Call for Abstracts ESGENA Nurse Programme @ UEG Week

October 14-17, 2023 in Copenhagen

ESGENA invites colleagues from Europe and all over the world to present their experience, studies and projects at the ESGENA Nurse Programme @ UEG Week (former ESGENA conference) in October 2023 in Copenhagen. Participants wishing to submit abstracts can do so **only in electronic format** by sending a **MS Word document** with their abstract via e-mail to:

Ulrike Beilenhoff,  
ESGENA scientific secretariat  
Email: [info@esgena.org](mailto:info@esgena.org)

**Abstract submission deadline: May 31, 2023**

**The authors will receive an official confirmation within 3-5 days after submitting their abstract.** If authors do not get an official confirmation within 5 days, please send the abstract again to Ulrike Beilenhoff and a copy to the ESGENA technical secretariat: [info@esgena.org](mailto:info@esgena.org).

## General Information on Abstract Submission

Participants are invited to submit original scientific abstracts for oral or poster presentation. Authors have to conform to the following guidelines for abstract submission. **Those not conforming to the guidelines will not be considered for reviewing.**

- Abstracts must be submitted in English and must be presented in English.
- Abstracts will be reviewed by a panel of experts and may be selected for oral or poster presentations, or may be rejected.
- Notification of acceptance (for oral or poster presentation) or rejection by the Scientific Programme Committee will be e-mailed to the presenting author by June 30, 2023
- Detailed information, guidelines and recommendations for oral or poster presentation, as well as day, time and room will be sent in due time to duly registered presenting authors. The time allotted for each oral presentation will be 10 minutes, followed by 5 minutes of question time. During the poster round, authors of posters should also be prepared to answer questions in English.
- Accepted abstracts will be published in the ESGENA Abstract Book, in the ESGENA NEWS and on the ESGENA website.

### The abstract should be typed as follows:

- Use font that is easy to read such as Arial, Times Roman, Helvetica or Courier fonts.
- The abstract must not be more than 500 words long or must not fill more than one A4 page, using type in 12-point font.
- A brief title should clearly state the nature of the investigation
- Abbreviations should, if possible, be avoided in the title, but may be used in the text if they are defined on the first usage



- The authors' names (full first name, surname) and the institution (hospital, university, organization, city and country, e-mail) where the research was carried out, with the name of the presenting author underlined
- Use single line spacing
- Include tables if necessary
- The abstract should be as informative as possible
- **The abstract should have a logical, scientific structure (introduction, mains & objectives, method, results, conclusion, summary, references, learning outcomes for audience)**
- Statements such as „results will be discussed “ or „data /information will be presented “ cannot be accepted
- Please ensure that your abstracts do not contain any spelling, grammar or scientific errors, as it will be reproduced exactly as submitted
- The abstract should have a **nursing relevant content** and should **add to existing knowledge**.
- The abstract should have a minimum of **2 relevant References**, but not more than 10 References.
- The abstract should state **2 things the delegates could learn** from your presentation

## How to prepare a well-written abstract

You can use the template to complete all sections

<b>Scientific Abstract Template</b> (limit: 500 words or one A4 page) - Please complete ALL Sections	<b>Explanatory Notes</b> <b>When completed, and before submission – delete this column</b>
<b>Title</b>	10 – 12 words that capture the relevance and essence of the research
<b>Introduction / Background</b>	<ul style="list-style-type: none"> <li>➤ What has been investigated</li> <li>➤ Why is the research important</li> <li>➤ Context of the study - has something similar already been done and how the presented work differs</li> </ul>
<b>Aims / Objectives</b>	<ul style="list-style-type: none"> <li>➤ The purpose of the <b>RESEARCH</b> / project– <i>not of the abstract!</i></li> <li>➤ Providing a brief synopsis</li> <li>➤ Hypothesis, question or concept underpinning the research</li> </ul>
<b>(Research) Methods</b> <b>Please indicate which methodology you have used and delete non-applicable methods:</b> <ul style="list-style-type: none"> <li>➤ Randomized Controlled Trial (Intervention)</li> <li>➤ Meta-Analysis</li> <li>➤ Systematic Review</li> <li>➤ Cohort Study (Prediction)</li> <li>➤ Qualitative Research Studies (Exploration)</li> <li>➤ Service / Program Evaluation</li> </ul>	<ul style="list-style-type: none"> <li>➤ Should describe <b>HOW</b> the AIMS of the research were achieved</li> <li>➤ What the research/project involved - for example:               <ul style="list-style-type: none"> <li>• Short description of the study design</li> <li>• Underpinning theoretical or conceptual frameworks</li> <li>• Sampling technique(s) used, e.g. qualitative or quantitative</li> <li>• Retrospective or prospective</li> </ul> </li> </ul>

<ul style="list-style-type: none"> <li>➤ Audit</li> <li>➤ Case Report</li> <li>➤ Other: <i>state which</i></li> </ul>	<ul style="list-style-type: none"> <li>• Method of data collection: e.g. review, surveys, focus groups, patient cohorts etc.</li> <li>• Sample size, criteria for selection and exclusion</li> <li>• Randomised or non-randomised</li> <li>• Type / method(s) of data analysis (tests)</li> <li>• Statistical or interpretative analysis software programs used (GENERIC name of the software)</li> <li>• If applicable: state if <i>Ethics Approval</i> was obtained</li> </ul>
<p><b>Findings / Results</b></p>	<p>What the research discovered</p> <ul style="list-style-type: none"> <li>➤ Synopsis of the findings of the study, using key data to demonstrate the outcomes</li> <li>➤ Avoid simply citing data, particularly in quantitative studies</li> <li>➤ State statistical significance (quantitative studies)</li> <li>➤ Synthesis of the data and how it answers your research question</li> </ul> <p>NEVER submit an abstract without results</p>
<p><b>Summary and Discussion</b></p>	<ul style="list-style-type: none"> <li>➤ Provide a short explanation of HOW the findings relate to the <i>AIMS</i>,</li> <li>➤ present <b>EVIDENCE</b> of the findings from your <i>METHODS</i> (to support the implications of your study = conclusions)</li> <li>➤ Critically define any weaknesses / strengths identified in your data</li> </ul>
<p><b>Conclusion</b></p>	<p>What the research implies</p> <ul style="list-style-type: none"> <li>➤ <b>IMPLICATIONS</b> of the findings and how they <b>ADD</b> to the existing knowledge</li> </ul>
<p><b>Learning Outcomes + Relevance to Nursing <u>Practice</u></b></p>	<p>Relevance to Nursing and how the findings can be <b><u>used/applied</u></b> in Clinical Practice</p>