



UNITED EUROPEAN  
GASTROENTEROLOGY  
**ueg week**



## 22<sup>nd</sup> ESGENA Conference 20-22 October 2018

Hosted by the Austrian Society of Endoscopy Nurses and Associates (IVEPA)

In Conjunction with the  
26<sup>th</sup> United European Gastroenterology Week

### In Vienna, Austria

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Further Information:

[www.ueg.eu/week/esgena/](http://www.ueg.eu/week/esgena/)

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#### Important Deadlines

Submitting Abstracts	May 31, 2018
Early registration	May 17, 2018
Late Registration	September 6, 2018

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## Word of Welcome

### Dear colleagues,

On behalf of ESGENA, the Austrian Society of Endoscopy Nurses and Associates (IVEPA) it is our great pleasure to invite you to the 22<sup>nd</sup> ESGENA Conference which will be held during the 26<sup>th</sup> United European Gastroenterology Week, October 20-22, 2018 in Vienna, Austria.

Why should you attend the ESGENA Conference? The ESGENA conference is a unique venue for meeting colleagues from different countries and expanding your professional network. The relaxed atmosphere supports collegial exchange and helps to overcome language barriers. The ESGENA conference includes state-of-the-art lectures, free papers & posters, lunch sessions, workshops with hands-on training and live transmissions. Last breaking news about new trends and developments as well as presentations about interesting projects and studies in Gastroenterology and Endoscopy ensure a truly global context. The exchange with nurses from all over the world combined with the opportunity to attend the medical programme of the UEG Week ensures that the ESGENA conference will be an exceptional educational event.

Following past meetings in 2008, 2014 and 2016, this is the fourth time that the medical and nursing community of Gastroenterology and Endoscopy will meet in Vienna. The city on the Danube is known not only for the Prater, the Hofburg and delicious pastries, but also for great experiences with and without adrenalin factor.

Enjoy the extraordinary Austrian hospitality, combined with the multicultural atmosphere of an international meeting.

We hope to welcome you to the 22<sup>nd</sup> ESGENA Conference and 26<sup>th</sup> UEG Week in October 2018 in Vienna  
*Marjon de Pater, President of ESGENA*  
*Dagmar Zrzavy, President of IVEPA*

## Registration fees for the ESGENA conference

Registration	Early	Late	Onsite
	By May 17, 2018	By September 6, 2018	After September 6, 2018 and onsite in Vienna
<b>Fee</b>	<b>€ 185,-</b>	<b>€ 200,-</b>	<b>€ 250,-</b>

- It is essential that nurses bring a copy of their professional standing or similar identification to the conference registration desk in order to prove their status (confirmation by employer, proof of education or registration as a nurse).
- If you would like to register up to 10 delegates, please register each person individually.

Registration fee includes:

- Admission to all ESGENA scientific sessions and workshops (Saturday - Monday)
- Admission to the UEG Week scientific sessions (Saturday - Monday)
- Admission to the UEG Week poster and technical exhibition (Monday)
- Admission to the ESGE Learning Area (Saturday - Monday)
- Admission to the Surgical Learning Area (Saturday – Monday)
- Admission to the Ultrasound Learning Area (Saturday - Monday)
- Unlimited use of Vienna public transportation system (ticket is valid from Saturday through Monday)
- Congress materials (final programme, ESGENA abstract book, etc.) \*
- \* Lunch and coffee are not included in the registration fee. UEG offers a certain amount of catering during the breaks on a first-come-first-served basis.
- Nurses who want to attend the UEG Week on Tuesday and Wednesday are asked to contact Ulrike Beilenhoff (UK-Beilenhoff@t-online.de)

# ESGENA Call for Abstracts 2018

ESGENA invites colleagues from Europe and from all over the world to present their experience, studies and projects at the 22<sup>nd</sup> ESGENA Conference in October 2018 in Vienna, Austria. Participants wishing to submit abstracts can do so **only in electronic format** by sending a **MS Word document** with their abstract by e-mail to:

Ulrike Beilenhoff,  
ESGENA scientific secretariat  
Email: [UK-Beilenhoff@t-online.de](mailto:UK-Beilenhoff@t-online.de)

**Deadline for submitting abstracts: 31<sup>st</sup> May 2018**

**The authors will receive an official confirmation within 3-5 days after submitting their abstract.** If authors do not get an official confirmation within 5 days, please send the abstract again to Ulrike Beilenhoff and a copy to the ESGENA secretariat: [info@esgena.org](mailto:info@esgena.org).

The presenting author of an accepted free paper or poster will receive a free registration to the ESGENA Conference. A limited number of free registrations are available

## General Information on Abstract Submission

Participants are invited to submit original scientific abstracts for oral or poster presentation.

Authors have to conform to the following guidelines for abstract submission. **Those not conforming to the guidelines will not be considered for reviewing.**

- Abstracts must be submitted in English and must be presented in English.
- Abstracts will be reviewed by a panel of experts and may be selected for oral or poster presentations, or may be rejected.
- Notification of acceptance (for oral or poster presentation) or rejection by the Scientific Programme Committee will be e-mailed to the presenting author by June 30, 2018.
- Detailed information, guidelines and recommendations for oral or poster presentation, as well as day, time and room will be sent in due time to duly registered presenting authors. The time allotted for each oral presentation will be 10 minutes, followed by 5 minutes of question time. During the poster round, authors of posters should also be prepared to answer questions in English.
- Accepted abstracts will be published in the ESGENA Abstract Book and on the ESGENA website.

## The abstract should be typed as follows:

- Use font that is easy to read such as Arial, Times Roman, Helvetica or Courier fonts.
- The abstract must not be more than 500 words long or must not fill more than one A4 page, using type in 12-point font.
- A brief title should clearly state the nature of the investigation
- Abbreviations should, if possible, be avoided in the title, but may be used in the text if they are defined on the first usage
- The authors' names (full first name, surname) and the institution (hospital, university, organization, city and country, e-mail and fax number) where the research was carried out, with the name of the presenting author underlined
- Use single line spacing
- Include tables if necessary
- The abstract should be as informative as possible
- **The abstract should have a logical, scientific structure (introduction, mains & objectives, method, results, conclusion, summary, references, learning outcomes for audience)**
- Statements such as „results will be discussed “ or „data /information will be presented “ cannot be accepted
- Please ensure that your abstracts do not contain any spelling, grammar or scientific errors, as it will be reproduced exactly as submitted
- The abstract should have a **nursing relevant content** and should **add to existing knowledge**.
- The abstract should have a minimum of **2 relevant References**, but not more than 10 References.
- The abstract should state **2 things the delegates could learn** from your presentation

## How to prepare a well-written abstract

You can use the template to complete all sections

<b>Scientific Abstract Template</b> (limit: 500 words or one A4 page) - Please complete ALL Sections	<b>Explanatory Notes</b> <b>When completed, and before submission – delete this column</b>
<b>Title</b>	10 – 12 words that capture the relevance and essence of the research
<b>Introduction / Background</b>	<ul style="list-style-type: none"> <li>➤ What has been investigated</li> <li>➤ Why is the research important.</li> <li>➤ Context of the study - has something similar already been done and how the presented work differs</li> </ul>
<b>Aims / Objectives</b>	<ul style="list-style-type: none"> <li>➤ The purpose of the <b>RESEARCH</b> / project– <i>not of the abstract!</i></li> <li>➤ Providing a brief synopsis</li> <li>➤ Hypothesis, question or concept underpinning the research.</li> </ul>
<b>(Research) Methods *</b> <b>Please indicate which methodology you have used and delete non-applicable methods:</b> <ul style="list-style-type: none"> <li>➤ Randomized Controlled Trial (Intervention)</li> <li>➤ Meta-Analysis</li> <li>➤ Systematic Review</li> <li>➤ Cohort Study (Prediction)</li> <li>➤ Qualitative Research Studies (Exploration)</li> <li>➤ Service / Program Evaluation</li> <li>➤ Audit</li> <li>➤ Case Report</li> <li>➤ Other: <i>state which</i></li> </ul>	<ul style="list-style-type: none"> <li>➤ Should describe <b>HOW</b> the AIMS of the research were achieved.</li> <li>➤ What the research/project involved - for example:               <ul style="list-style-type: none"> <li>* Short description of the study design</li> <li>* Underpinning theoretical or conceptual frameworks,</li> <li>* Sampling technique(s) used, e.g. qualitative or quantitative,</li> <li>* Retrospective or prospective</li> <li>* Method of data collection: e.g. review, surveys, focus groups, patient cohorts etc.</li> <li>* Sample size, criteria for selection and exclusion,</li> <li>* Randomised or non-randomised.</li> <li>* Type / method(s) of data analysis (tests)</li> <li>* Statistical or interpretative analysis software programs used (GENERIC name of the software)</li> <li>* If applicable: state if <i>Ethics Approval</i> was obtained.</li> </ul> </li> </ul>
<b>Findings / Results</b>	What the research discovered <ul style="list-style-type: none"> <li>➤ Synopsis of the findings of the study, using key data to demonstrate the outcomes.</li> <li>➤ Avoid simply citing data, particularly in quantitative studies.</li> <li>➤ State statistical significance (quantitative studies)</li> <li>➤ Synthesis of the data and how it answers your research question.</li> </ul> NEVER submit an abstract without results,
<b>Summary and Discussion</b>	<ul style="list-style-type: none"> <li>➤ Provide a short explanation of HOW the findings relate to the <i>AIMS</i>,</li> <li>➤ present EVIDENCE of the findings from your <i>METHODS</i> (to support the implications of your study = conclusions)</li> <li>➤ Critically define any weaknesses / strengths identified in your data</li> </ul>
<b>Conclusion</b>	What the research implies <ul style="list-style-type: none"> <li>➤ <b>IMPLICATIONS</b> of the findings and</li> <li>➤ how they <b>ADD</b> to the existing knowledge</li> </ul>
<b>Learning Outcomes + Relevance to Nursing Practice</b>	Relevance to Nursing and how the findings can be <u>used/applied</u> in Clinical Practice

# ESGENA Programme Overview

## Saturday, October 20, 2018

Rooms	Room E2 Room M	Lounge 7	Lounge 8	Room 1.61/1.62	ESGE Learning Area
08:30-10:30 <b>UEG Week Postgraduate Training Programme</b>					
11:00-13:00 <b>UEG Week Postgraduate Training Programme</b>	11.30-13.00 <b>ESGENA Opening Session</b> <b>Quality makes the difference</b>				
			13:00-14:00 Lunch		
14:00-16:00 <b>UEG Week Postgraduate Training Programme</b>	14:00-15:30 <b>Special Bronchoscopy Session I</b>	14:00-15:30 Workshop 1 <b>ERCPC</b>  <b>Olympus</b>	14:00-15:30 Workshop 2  <b>Resection techniques</b>  <b>Boston</b>	14:00-15:30 Workshop 3 <b>Health and Safety in Endoscope Reprocessing</b>  <b>Dr Weigert</b>	14:00-15:30 Workshop 4 <b>Hands-on-training on biosimulators:</b> Upper GI bleeding ERCPC Colonoscopy
			15:30-16:00 Coffee		
	16:00-17:30 <b>Special Bronchoscopy Session II</b>	16:00-17:30 Workshop 5 <b>Hgiene &amp; Infection Control</b>  <b>Olympus</b>	16:00-17:30 Workshop 6 <b>Electrosurgery – Prevention of complication</b>  <b>Erbe</b>	16:00-17:30 Workshop 7 <b>The influence of endoscopes reprocessing on successful infection prevention - a risk assessment of the individual processing steps</b>  <b>Cantel / BHT</b>	16:00-17:30 Workshop 8 <b>Hands-on-training on biosimulators</b> Upper GI bleeding ERCPC Colonoscopy
	<b>ESGENA Welcome Reception</b> 20:00 Venue to be confirmed				

# ESGENA Programme Overview

## Sunday, October 21, 2108

Room G	Room K	Poster Area	ESGE Learning Area
7.30-09:00 <b>Breakfast Meeting</b>	7.30-09:00 <b>Breakfast Meeting</b>		
09:00-10:30 Session 1 <b>Free Paper I</b>	09:00-10:30 Session 2 <b>Education</b>		
10:30 – 11:00 Coffee	10:30 – 11:00 Coffee	10:30 – 11:00 <b>Poster Round I</b>	
11:00-12:30 Session 3 <b>Free Paper II</b>	11:00-12:30 Session 4 <b>Management</b>		11:00-12:30 Workshop 9 <b>Hands-on-training on Bio simulators</b> Upper GI Bleeding ERCP
12:30-15:00 Lunch Session 1 <b>GE Endoscopy</b>	12:30-15:00 Lunch Session 2 <b>Hygiene &amp; Infection control</b>		
13:00-14:00 Lunch	13:00-14:00 Lunch	13:30-15:00 <b>Poster Round II</b>	14:00-15:30 Workshop 10 <b>Hands-on-training on bio simulators:</b> ERCP Colonoscopy
15:00-16:30 Session 5 <b>Hygiene</b>	15:00-16:30 Session 6 <b>IBD</b>		
16:30-17:30 <b>ESGENA Free Paper and Poster Award</b>  <b>Key Note lecture</b>			
17:30-19:00 <b>ESGENA Annual General Assembly</b>			

# ESGENA delegate participate in UEG Sessions

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**Monday, October 22, 2018**

**Visit of Exhibition  
ESGE Learning Area  
UEG Week Sessions**

*10:30 – 11:00  
Coffee*

**Visit of Exhibition  
ESGE Learning Area  
UEG Week Sessions**

*12:30-14:00  
Lunch*

**Visit of Exhibition  
ESGE Learning Area  
UEG Week Sessions**

*15:30-16:00  
Coffee*

**Visit of Exhibition  
ESGE Learning Area  
UEG Week Sessions**

# ESGENA Programme

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## ESGENA Opening Session: Quality makes the difference

**Saturday, October 20, 2018      11:30-13:00**

- Welcome and Opening
  - The value of nursing in Endoscopy and Gastroenterology
  - What makes a good endoscopy nurse – technical aspects and team work
  - Delegation of tasks to unregistered staff - what when how why
- 

## Special Bronchoscopy Sessions

**Saturday, October 20, 2018      14:00-15:30 and 16:00-17:30**

### Lectures

- Electromagnetic Navigation, periphery and central EBUS- Tools of diagnostic and therapeutic procedures-
- Endoscopic Lung Volume Reduction(ELVR)
- NIV- Not Invasive Ventilation – what can Gastroenterology learn from Bronchoscopy
- Continuous tracking, control and safety of pulmonary patients through nursing documentation
- Management of bronchial bleeding

### Hands-on Training

The practical part of the workshop will offer the opportunity to improve procedure skills in bronchoscopy with the help of dedicated hands-on training on bio simulators under the supervision of highly experienced tutors. Participants will be able to perform the following techniques in diagnostic and therapeutic procedures in bronchoscopy:

- Bronchoalveolar lavage, cytology brushing and biopsy taking
- Classical TBNA for cytology and histology sampling
- Endoscopic Lung Volume Reduction(ELVR)
- Foreign body removal
- Management of bronchial bleeding

Number of participants: limited to 40 persons

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## ESGENA Programme

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### **Workshop: It's in your hands – The nurse in ERCP**

**Saturday, October 20, 2018 14:00-15:30 hours**

#### **Aims & Content**

The role of the nurse in successful ERCP is essential and handling of the devices is one part of it. Practise ERCP procedures step by step at different hands-on stations. Exchange experience and ask questions to renowned experts to improve your skills set and confidence.

The participants will be able to train the following techniques under the supervision of experienced tutors:

- Balloon dilation
  - Lithotripsy: standard and emergency cases
  - Cannulation, device exchange with long and short guidewire techniques, stent placement
  - Display of ERCP devices with demonstration
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### **Workshop: Resection Techniques**

**Saturday, October 20, 2018 14:00-15:30 hours**

### **Workshop: The influence of endoscopes reprocessing on successful infection prevention - a risk assessment of the individual processing steps**

**Saturday, October 20, 2018 14:00-15:30 hours**

#### **Aims & Content**

The role of the nurse in successful ERCP is essential and handling of the devices is one part of it. Practise ERCP procedures step by step at different hands-on stations. Exchange experience and ask questions to renowned experts to improve your skills set and confidence.

The participants will be able to train the following techniques under the supervision of experienced tutors:

- Balloon dilation
  - Lithotripsy: standard and emergency cases
  - Cannulation, device exchange with long and short guidewire techniques, stent placement
  - Display of ERCP devices with demonstration
- 

### **Workshop : Electrosurgery – Prevention of complication**

**Saturday, October 20, 2018 16:00-17:30**

#### **Aims & Content**

Electrosurgery offers the possibility of pressure-free and precise cutting and at the same time control of bleeding during endoscopic resection techniques. With argon plasma coagulation tissue can be devitalized. The water-jet surgery provides additional options for resection. The aim of the workshop is:

- To update on principles of electrosurgery and relevant safety measures
- To demonstrate different settings for different applications like Polypectomy, EMR, ESD, Papilloectomy, etc:

in order to achieve max safety and to prevent adverse events and complications

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# ESGENA Programme

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## Hands-on training on bio simulators

**Saturday, October 20, 2018 14:00-15:30 and 16.00-17.30 at the ESGE Learning Area**

### **Aims & Content**

Hands-on training on bio simulators (pig models) under the supervision of highly experienced tutors: Participants will have the opportunity to perform endoscopic techniques on the following topics:

- OGD with Injection techniques, Ligation, Clipping, APC
- Colonoscopy with Polypectomy, EMR and APC
- ERCP with stone extraction and stenting

As participation will be limited, registration will be treated on a first-come-first-served basis: Tickets will be available onsite only – at the entrance of the ESGE Learning Area.

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## Further workshops are planned on

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- **New concepts for endoscope reprocessing**
- **Hygiene & infection control**
- **Health and safety in endoscope reprocessing**

The detailed programm of these workshops will be available in June 2018

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# ESGENA Programme

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## ESGENA Free Paper Sessions

**Sunday, October 21, 2018      09:00-10:30 and 11:00-12:30 hours**

- Presentation of 12 free papers
  - Deadline for submission of abstracts : May 31, 2018
  - See → Call for Abstracts
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## ESGENA Poster Round

**Sunday, October 21, 2018      10:30-11:00 and 13:30-15.00 hours**

- Presentation of free posters
  - Deadline for submission of abstracts : May 31, 2018
  - See → Call for Abstracts
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## ESGENA Session: Education

**Sunday, October 21, 2018      09:00-10:30 hours**

- ESGENA Statement: Quality indicators for patient care in Endoscopy
  - Self-directed learning – how to implement in daily routine?
  - Mentorship & Motivation the workforce
  - ESGENA Curriculum on reprocessing of flexible endoscopes
- 

## ESGENA Session: Management – safety first

**Sunday, October 21, 2018      11:00-12:30**

- ESGENA Statement: Sign-in , Team Time out and Sign out – safety netting in Endoscopy
  - Safety Systems in Endoscopy: How to prevent steeling of endoscopes
  - Design of Endoscopy Units – trends and new developments to improve patient and staff safety as well as organisation and logistics?
  - 24 hours service in Endoscopy – organisation, quality indicators and limitations
- 

## Hands-on training on bio simulators

**Sunday, October 21, 2018      11:00-12:30 hours**

Hands-on training on bio simulators (pig models) under the supervision of highly experienced tutors. Participants will have the opportunity to perform endoscopic techniques on the following topics:

- Colonoscopy
- ERCP

As participation will be limited, registration will be treated on a first-come-first-served basis. Ticket will be available onsite only – at the entrance of the ESGE Learning Area.

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# ESGENA Programme

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## ESGENA Lunch Sessions

**Sunday, October 21, 2018      12:30-15:00**

ESGENA lunch Sessions combine lectures with hands-on training. New trends and developments will be presented on

- Hygiene and infection control
- Endoscopic techniques

A hands-on area will provide various opportunities

- To exchange experience
  - To ask questions to renowned experts
  - to improve your skills set and confidence
  - to get familiar with new equipment
- 

## Hands-on training on bio simulators

**Sunday, October 21, 2018      14:00-15:30 hours**

**Chairs:**            Eric Pflimlin, Switzerland

Hands-on training on bio simulators (pig models) under the supervision of highly experienced tutors. Participants will have the opportunity to perform endoscopic techniques on the following topics:

- Colonoscopy
- ERCP

As participation will be limited, registration will be treated on a first-come-first-served basis. Ticket will be available onsite only – at the entrance of the ESGE Learning Area.

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## ESGENA Session: Hygiene

**Sunday, October 21, 2018      15:00-16:30**

- Centralisation of endoscope reprocessing - in the central sterilisation departments
  - Endoscopy related infections – is sterilisation an answer?
  - Biofilm formation and prevention - a challenge with flexible endoscopes
  - Track and trace – Documentation and follow-up of endoscope reprocessing, repair and maintenance
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## ESGENA Session: Inflammatory Bowel Disease (IBD)

**Sunday, October 21, 2018      15:00-16:30**

- IBD – Passport – a tool for information and communication in daily live and for travelling
  - Monitoring of IBD patients – what is essential?
  - Iron-deficiency, anaemia and fatigue in IBD
  - N-ECCO Continuing education – what can Endoscopy learn?
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# ESGENA Programme

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## ESGENA Session: Present & Future in GI Endoscopy

**Sunday, October 21, 2018      17:00-18:30**

### **Best Free Paper and Best Poster Awards**

- The winner of the best free papers – oral presentation and the best poster presentations - will be announced. Presenting authors are requested to attend this session. **PENTAX Medical** supports the ESGENA Free Paper and Poster Award
  - Guided tour through the wonderful world of the irritable bowel
  - New aspects of microbiome therapy
  - Invitation to Barcelona 2019
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